



## ENERGY CONSERVATION IN THE HOME

Being energy efficient at home can save you 20% or more in energy costs. The first step in managing your household energy is to find out how much you spend. As this varies from month to month, energy consumption should be monitored on a yearly basis using your energy bills. Listed below are some tips on how you can improve your energy management in the home:

### SPACE HEATING

- » Turn the heating in living areas down to 20°C
- » Caulk and weather strip small gaps around windows and doors
- » Set the heating to come on 30 minutes before you get up and to turn off an hour before you go to bed

### HOT WATER

- » Minimise unnecessary heating of hot water
- » Regular maintenance of heating systems can reduce fuel consumption
- » Insulate your cylinder

### APPLIANCES

- » When possible replace old appliances with energy efficient ones. An 'A' rated appliance will use less electricity than a similarly sized appliance with a 'D' rating

- » Turn off PC/laptop whenever you are not going to use it for more than 1 hour
- » Animated screensavers can use more energy than the computer itself
- » Appliances on standby can use up to 20% of the energy that they would use if on - so make sure they are fully switched off

### LIGHTING

- » Turn off lights when leaving a room
- » Replace ordinary light bulbs with CFL's or LED's
- » Maximise sunlight by opening blinds during the day
- » Clean lights annually
- » Check if fewer lights meet lighting requirements

### COOKING

- » Cookers and ovens are expensive to use, so use as efficiently as possible

- » When making tea/coffee, boil only what you need (make sure the kettle's element is covered)
- » Make sure to use kitchen appliances at the appropriate temperature

If you reduce your energy consumption, you can save money.

**REMEMBER -  
IT'S EASY TO MAKE A  
DIFFERENCE!**



FURTHER INFORMATION  
IS AVAILABLE FROM:

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